

# C Scott Humphrey, MD

Boise Shoulder Clinic  
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## EDUCATION

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Orthopaedic Surgery Fellow  
Shoulder and Upper Extremity Surgery  
Tom R Norris, MD and Relton H McCarroll, MD  
California Pacific Medical Center  
San Francisco, CA  
August 2005- July 2006

Chief Resident in Orthopaedic Surgery and Rehabilitation  
University of Nebraska Medical Center/Creighton University Medical Center  
Omaha, NE  
July 2004 - June 2005

Orthopaedic Surgery and Rehabilitation Resident  
University of Nebraska Medical Center/Creighton University Medical Center  
Omaha, NE  
July 2000 - June 2005

MD, University of Utah School of Medicine  
Salt Lake City, UT  
September 1996 – June 2000

BA, University of Oregon  
Eugene, OR  
Major: Political Science  
Minor: Economics  
September 1986 – March 1989

## RESEARCH/PUBLICATIONS/PRESENTATIONS

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### Papers:

Humphrey CS and Giangarra CE. A Humeral-Sided, Subscapularis-Splitting Capsulorrhaphy Procedure for Multidirectional Shoulder Instability. *Techniques in Shoulder & Elbow Surgery*. 9(3):151-163, September 2008.

Kelly JD, Humphrey CS, Norris TR. Optimizing Glenosphere Position and Fixation in Reverse Shoulder Arthroplasty: Part I, The 12mm Rule. *Journal of Shoulder and Elbow Surgery*. 17(4):589-94, Jul-Aug 2008.

Humphrey CS, Kelly JD, Norris TR. Optimizing Glenosphere Position and Fixation in Reverse Shoulder Arthroplasty: Part II, The 3-column Concept. *Journal of Shoulder and Elbow Surgery*. 17(4):595-601, Jul-Aug 2008. Epub 2008 Jun 9.

Johnson DAL, Humphrey CS, Norris TR. Glenoid Resurfacing With Use of a Lateral Meniscal Allograft. *Techniques in Orthopaedics. Biologics in Shoulder Surgery*. 22(1):55-61, March 2007.

Norris TR, Kelly JD, Humphrey CS. Management of Glenoid Bone Defects in Revision Shoulder Arthroplasty: A New Application of the Reverse Total Shoulder Prosthesis. *Techniques in Shoulder and Elbow Surgery* 8(1):37–46, March 2007.

Humphrey CS, Izadi KD, Esposito PW. Osteonecrosis of the Capitate: A Pediatric Case Report. *Clin Orthop Relat Res.* 447:256-9, June 2006.

Vajda EG, Humphrey CS, Skedros JG, Bloebaum RD. Influence of topography and specimen preparation on backscattered electron images of bone. *Scanning.* 21(6):379-387, Nov-Dec 1999.

#### **Textbook chapters:**

Humphrey CS, Kelly JD, Norris TR. Management of Glenoid Deficiency in Reverse Total Shoulder Arthroplasty. In: Fealy S, Warren RF, Craig EV, Sperling JW, eds. *Shoulder Arthroplasty. Complex Issues in the Primary and Revision Setting.* New York: Thieme; 2008.

Durrall CJ, Giangarra CE, Humphrey CS. Anterior Capsulolabral Reconstruction. In: Robert C. Manske M, MPT, SCS, ATC, CSCS, ed. *Postsurgical Orthopedic Sports Rehabilitation: Knee and Shoulder.* First ed. Wichita: MOSBY; 2006.

#### **Podium Presentations:**

Humphrey CS (presenter), Giangarra CE. A Humeral-Sided, Subscapularis-Splitting Capsulorrhaphy Procedure for Multidirectional Shoulder Instability. Idaho Orthopaedic Society 2008 Annual Meeting. McCall, ID: Oct. 25, 2008.

Kelly JD (presenter), Humphrey CS, Norris TR. Optimizing Glenosphere Baseplate Position. *Master's Shoulder Symposium (Tornier).* Chicago, IL: Sept. 27, 2008.

Humphrey CS. Shoulder Arthritis: Diagnosis and Treatment Options. *Idaho – Arthritis in Motion (I-AIM) Lecture Series.* Boise, ID: May 5, 2008.

Humphrey CS (presenter), Kelly JD, Norris TR. Optimizing Glenosphere Position and Fixation in Reverse Shoulder Arthroplasty: Part I, The 12mm Rule; Part II, The 3-column Concept. *Tornier 2008 Clinic Concepts in Shoulder Arthroplasty.* San Diego, CA: January 25, 2008.

Humphrey CS (co-presenter), Kelly JD (co-presenter), Norris TR. Surgical Technique for Reverse Total Shoulder Arthroplasty. Part I: the 12mm Rule. Part II: the 3-column Concept. *3<sup>rd</sup> Annual Orthopaedic Education Day. Shoulder to Hand: Hot Topics.* San Francisco, CA: July 27, 2007.

Humphrey CS, Kelly JD (presenter), Norris TR. Optimizing glenoid component position and fixation in reverse shoulder arthroplasty: the 3-column concept. *American Academy of Orthopaedic Surgeons 2007 Annual Meeting.* San Diego, CA: February 14-18, 2007.

Johnson DAL (presenter), Humphrey CS. Technical Tips: The Reverse Prosthesis. *New England Shoulder and Elbow Society Meeting.* Jay Peak, VT: 2007.

Humphrey CS, Kelly JD, Norris TR (presenter). Preoperative Planning for Reverse Shoulder Arthroplasty: Glenoid Component Positioning. *American Shoulder and Elbow Surgeons: 23rd Annual Closed Meeting.* Chicago, IL: September 13, 2006.

Humphrey CS, Johnson DAL (presenter), Norris TR. Meniscal Allograft Interposition Arthroplasty for Shoulder Osteoarthritis: Two-year Follow-up Results. *American Shoulder and Elbow Surgeons: Biologics in Shoulder Surgery Meeting,* Chicago, Illinois: September 16, 2006.

#### **Poster Presentations and Abstracts:**

Norris TR, Humphrey CS (presenter), Kelly JD, II. Management of glenoid bone defects in revision shoulder arthroplasty: A new application of the reverse shoulder prosthesis. *American Academy of Orthopaedic Surgeons 2007 Annual Meeting*, San Diego, CA: February 14-18, 2007.

Humphrey CS, Giangarra C, Buck D (presenter). A modified T-capsular shift surgical technique for anteroinferior shoulder instability with associated capsular redundancy. *Mid-America Orthopaedic Association, 22nd Annual Meeting*. Amelia Island, Florida; 2005.

Humphrey CS (presenter), Tarkin I, Knight RQ, Garvin KL. Orthopaedic Patients Expect Web Sites from their Physicians. *Mid-America Orthopaedic Association, 21st Annual Meeting*. Hilton Head Island, South Carolina; 2003.

#### **Web sites:**

Humphrey CS, Norris TR, Kelly JD, eds. *www.ShoulderSurgeon.com*. San Francisco: Humphrey; 2006.

Webmaster for the Department of Orthopedics at the University of Nebraska Medical Center 2000-2001.

Creator of the company Boards Prep Interactive, LLC, which produced *Interactive Prep for the USMLE Step 1*, a computer software product that is sold internationally from the internet (*www.boardsprep.com*).

#### **BOARDS**

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Successfully passed USMLE Boards Step 1,2, and 3.

Certified by the American Board of Orthopaedic Surgery, 2008-2018.

#### **INTERESTS/HONORS/AWARDS**

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White-water river guide on the Middle Fork of the Salmon River, Stanley, ID. Summers 1985-1996.

Certified Acute Trauma Life Saving instructor (ATLS), 2000-2002.

Stipend recipient for orthopaedic research project, University of Utah School of Medicine, 1997.

President of Kappa Sigma Fraternity, University of Oregon, 1987-1988.

Recipient of Idaho Boys State Academic Scholarship, 1985.

#### **HOBBIES**

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Whitewater rafting

Skiing

Guitar playing

Building musical instruments and amplifiers